



DISCOVERY GUIDE

Middle School

ROMANS

FROM GUILT
|
TO GRACE





Day 1: Look Back

Let's review what you discovered in the Intro Lesson.

1. God has told us what we need to know about Him and His plan for people in the Bible. What questions do you have about the Bible?
2. God's Word reveals His plan to save sinners. What is sin?
3. God guides His people in the way they should go. How do you need God to guide you? Take a moment to pray for God to guide you.

Day 2: Read Romans 1:1-7

4. How did Paul describe himself and his mission to the believers in Rome?
5. The word "gospel" means "good news." How was this good news first promised?
6. Who fulfilled God's good promises to save sinners? From these verses, how can we see that only this person can save people from sin?
7. According to Paul, for what purpose did Jesus give Paul grace and make him an apostle? (Hint: Paul uses the word "Gentile" to mean anyone born outside the family line of Abraham.)
8. Paul wrote his letter "to all in Rome who are loved by God and called to be his holy people." Do you consider yourself loved by God and called to be His? Why or why not?

Day 3: Read Romans 1:8-10

9. Why was Paul thankful?
10. For what specifically did Paul pray?



11. How did God answer Paul's prayer? (See also Acts 28:14-20, 30-31.)

12. Name someone you know who has strong faith in Jesus. Pray, thanking God for this person and asking God to give you Christian friends so you can encourage each other.

Day 4: Read Romans 1:11-17

13. Why did Paul want to visit Rome?

14. List the reasons why Paul was not ashamed of the gospel. (Note: Verses 16-17 give the theme for the entire book of Romans!)

15. When you think about how God displays His power, what do you think about?

16. **The gospel is the power of God that brings salvation** to everyone who believes! Pray, asking God to help you boldly live out this truth.

Day 5: Take to Heart

At the beginning of his letter, Paul introduced himself to the Roman believers as a servant of Christ who had been “set apart for the gospel of God.” Paul explained that **the gospel is the power of God that brings salvation**. It is good news that Jesus gives sinners peace with God and eternal life with Him. **God is righteous**. He is right in all He does. But people are not. We all sin. Jesus, the perfect Son of God, offers God's righteousness to sinful people. Without Jesus, there is no good news. But when sinful people believe in Jesus, God gives them Jesus's perfect righteousness. The gospel is the power of God that saves sinners!

Memory Verse: “For in the gospel the righteousness of God is revealed—a righteousness that is by faith from first to last, just as it is written: ‘The righteous will live by faith.’” (Romans 1:17)

Day 6: Reflect and Respond

Complete one of these activities on your own, with your family, or with your BSF adult.

Activity 1: Find a way to store reminders of what you learn from God's Word this year. Consider dedicating a notebook, folder, box, digital journal, or poster to help you remember. Then create a visual representation of God's righteousness and save it to start your collection.

Activity 2: Paul was called by God to share the gospel of Jesus Christ. Pray for opportunities to share the gospel and look for ways to talk with others about what you are learning in BSF.



Day 1: Look Back

Let's review what you discovered in Romans 1:1-17.

1. What was Paul's purpose for writing his letter to fellow Christians in Rome?
2. Who in your life is excited to share the good news about Jesus with you and others?
3. Why was Paul not ashamed of the gospel, and how does this encourage you?

Day 2: Read Romans 1:18-20

4. What is wrath, and how have you seen it?
5. Why is God revealing His wrath?
6. How do people suppress, or cover up, the truth about God?
7. What does nature reveal about God?

Day 3: Read Romans 1:21-25

8. God reveals Himself through nature, His Word, and the Holy Spirit. What happened when the people did not respond properly to God?
9. In verses 23 and 25, what had people exchanged for the truth about God, and what was the result?



10. What have you worshipped and served rather than God, and how can God help you correct this?

Day 4: Read Romans 1:24-32

11. What phrase occurs three times to describe God's response to people's choices, and how does this help you understand God's wrath?

12. How has God changed your thinking about a sin you have approved of or even practiced before?

Day 5: Take to Heart

God is our creator. He constantly reveals Himself to us through His magnificent creation. Therefore, people have no excuse for rejecting God. Yet people do reject the truth about God, selfishly loving their sin rather than Him. Because God is holy and just, His righteous response to sin is wrath. **People who refuse to turn away from their sin will face God's wrath.** In his letter to the Romans, Paul reminded the believers that they were right with God only by His grace through faith in Jesus. No one can be saved from God's wrath except through faith in Jesus.

Memory Verse: "For since the creation of the world God's invisible qualities—his eternal power and divine nature—have been clearly seen, being understood from what has been made so that people are without excuse." (Romans 1:20)

Day 6: Reflect and Respond

Complete one of these activities on your own, with your family, or with your BSF adult.

Activity 1: Paul declared that all of creation reveals God's eternal power and divine nature. Take a walk around your neighborhood, enjoying the glory and wonder of God's marvelous creation. Praise God aloud for His creativity that you love in nature.

Activity 2: Ask God to show you anything that is becoming an idol in your life. An idol can be something you put your hope or security in to make good things happen. It could be a person or group you want to accept you. It could even be something good you are using to try to ensure a good future, like grades or a sport. As you understand God's grace, prayerfully ask for His help to make Him the priority of your life and remove anything that is taking His place.



Day 1: Look Back

Let's review what you discovered in Romans 1:18-32.

1. Name a way that nature shows you an attribute of God. How does this awareness influence you?
2. What did you learn about God's wrath from last week's lesson?
3. What has God shown you about the foolishness of the world, and how has He protected you from it?

Day 2: Read Romans 2:1-4

4. What is Paul's message in verse 1?
5. What is the difference between God's judgment and people's judgment? (2:2-3)
6. When are you tempted to judge others?
7. How might you show undeserved kindness to someone to help lead them toward God?

Day 3: Read Romans 2:5-16

8. What are sinful people storing up for themselves, and how are they doing this? (2:5)
9. From verses 7-11, how do believers differ from unbelievers in what they seek and receive?
10. What do your actions reveal about your relationship with God?



Day 4: Read Romans 2:17-29

11. What led the Jews in Paul's day to wrongly see themselves as better than others? (2:17-23)

12. What privileges has God given you?

13. What did circumcision mean to the Jews? (See also Genesis 17:1-14.) Choose all that are correct.

- ☐ Circumcision was commanded by God as an outward sign of His covenant with Abraham and his descendants.
- ☐ Circumcision represented God's promises for a fruitful nation.
- ☐ There was no consequence for not being circumcised.
- ☐ Circumcision was for every eight-day-old male.
- ☐ Circumcision meant that God's people would blend in and not be special to Him.

14. How did Paul describe a true Jew? (2:29)

Day 5: Take to Heart

As Paul continued his letter to the Romans, he addressed those who live moral lives and practice religion while refusing to repent from their sin and turn to God. Paul said our sin condemns us and, when we judge others for sins we also commit, we add to our guilt. God is not fooled. He not only looks at our outward actions but also examines our thoughts, attitudes, and motivations. The Holy Spirit changes the hearts of those who believe in Jesus Christ. Love for God and others displays this change. **God will judge every person.** He alone is worthy and able to judge a person's heart. **God is just.** All His judgments are perfect. No one will receive eternal life by keeping God's law, but God's kindness leads people to repent, believe in Jesus, and be saved.

Memory Verse: "For God does not show favoritism." (Romans 2:11)

Day 6: Reflect and Respond

Complete one of these activities on your own, with your family, or with your BSF adult.

Activity 1: Think about the good things you do. Do you do them to look good or be liked? Or do you do good things because you want to selflessly serve others and glorify God? Pray that God will continue to transform your heart, giving you a desire to serve Him and others out of love for Him.

Activity 2: Write a list of times you refused to turn from sin. How did stubbornness make you feel? Did it hurt anyone? What did you do to overcome it? Is there something you are being stubborn about now? Pray and ask God to lead you to repentance. If you are collecting what you learn this year, add this list.



Day 1: Look Back

Let's review what you discovered in Romans 2.

1. How did your study of Romans 2 change the way you think about judgment of sin?
2. How has God's kindness led you to repent from sin and thank Him?
3. What difference does "circumcision of the heart" make in a person's life?

Day 2: Read Romans 3:1-8

4. What did Paul say was an advantage of being Jewish?
5. How does God's Word, the Bible, offer you a spiritual advantage?
6. What "human argument" in verses 5-8 did Paul say was wrong?
7. What attitude should we have toward sin?

Day 3: Read Romans 3:9-18

8. What words in verses 13-14 reveal how seriously God views sinful speech?
9. How do you need God's help to change your own ways of speaking?
10. According to verse 18, what root sin appears to motivate the sins listed in verses 13-17?



11. What have you learned from seeing sin's effects in your life?

Day 4: Read Romans 3:19-20

12. What truth about righteousness and the law did Paul state in verse 20?

13. What did Paul mean by “every mouth may be silenced and the whole world held accountable to God”?

14. What excuses for sin do you sometimes give? Pray, asking God to set you free from this sin.

15. Name one way your study of Romans has changed you.

Day 5: Take to Heart

Paul taught Jewish people living in Rome that, although they had received God's Word before the Gentiles, they were just as guilty of sin. Some Roman Jews thought they were righteous before God because they were from the family line of Abraham and tried to keep God's law. But no one is righteous before God on their own; all people are born sinners and sin against God. Sin is anything we think, say, or do that goes against what God wants. Sin messes up our lives and hurts others. Only **God is holy**. His goodness and righteousness set Him apart from His creation. God's Word reveals His holiness and our sin so we can understand that **without Jesus, everyone is guilty before God**. This is really bad news, but understanding our sinfulness before God helps us understand the good news of the gospel: Jesus came to save us from our sin!

Memory Verse: “As it is written: ‘There is no one righteous, not even one; there is no one who understands; there is no one who seeks God.’” (Romans 3:10-11)

Day 6: Reflect and Respond

Complete one of these activities on your own, with your family, or with your BSF adult.

Activity 1: Consider the blessings you have received through spending time in God's Word at home, in church, and in your BSF class. Write a prayer thanking God for His provision and His transforming power that is growing your faith.

Activity 2: Learn this week's memory verse by using the QR code on this page to access the Wordwall memory verse game. Share with your BSF adult or a friend how God has moved you to seek and understand Him and the difference this has made in your life.



Day 1: Look Back

Let's review what you discovered in Romans 3:1-20.

1. How does the world's attitude toward sin compare with God's?
2. What do a person's words say about their heart?
3. How has your time with the Lord made you conscious of your own sin?

Day 2: Read Romans 3:21-22

4. Righteousness means to be right and true according to God's standard. Where does righteousness come from, and how can we receive it?
5. How might we wrongly seek righteousness through the law?
6. Who may receive God's righteousness?
7. What is your response to the gift of righteousness God offers you?

Day 3: Read Romans 3:23-24

8. What did Paul say is true of all people regardless of Jew or Gentile?
9. "Justified" means to be declared righteous by God—not guilty of sin. How is a person justified?
10. Redemption is the act of buying back, rescuing, or setting free by paying a price. Explain what Paul meant by "the redemption that came by Christ Jesus."



11. If you have trusted in Jesus Christ for salvation, how does being saved from God's wrath influence your thoughts and devotion toward God?

Day 4: Read Romans 3:25-26

12. Atonement is a way of making up for a wrong that has been done so that two parties can come back into right relationship. What did Paul mean when he said that Jesus is a "sacrifice of atonement"?

13. What attributes of God do you see in verses 25-26?

14. How can you know you will never have to face God's punishment?

15. How do you show your gratitude for God's great love for you?

Day 5: Take to Heart

Paul explained the good news that God's righteousness is revealed for all who believe in Jesus. God's plan of salvation through faith has been unfolding since time began. The law and the prophets pointed to God's promise to send a Savior, and now the Savior has come. Jesus Christ, the Son of God, is the only Savior from sin. Jesus's willingness to sacrifice His life made it possible for all who believe in Him to receive His righteousness and be saved from God's wrath. Romans 3 makes it clear that all people fall short of God's glory. This is not good news. But God offers salvation to anyone who recognizes their need for His righteousness and receives Christ's gift through faith. Salvation does not depend on any outward appearance or act. **God has made the way for sinners to be forgiven.**

Memory Verse: "For all have sinned and fall short of the glory of God, and all are justified freely by his grace through the redemption that came by Christ Jesus."
(Romans 3:23-24)

Day 6: Reflect and Respond

Complete one of these activities on your own, with your family, or with your BSF adult.

Activity 1: Ask your BSF adult to share with you what it means that Jesus is the only Savior. Ask how they have been changed because of what Jesus did on the cross.

Activity 2: Review the first five lessons of our study and create a list of words you have encountered that you find interesting or difficult to understand. Ask a family member or your BSF adult to help you define the words from your lessons, or use the dictionary. Keep this list and add to it as you learn new words that grow your knowledge about God, His will, and His ways.



Day 1: Look Back

Let's review what you discovered in Romans 3:21-26.

1. How does the truth that “all have sinned and fall short of the glory of God” explain your need for Jesus?
2. How would you explain to a friend in your own words the truth that “all are justified freely by his grace through the redemption that came by Christ Jesus”?
3. How does understanding that Jesus took your place and paid for your sin influence the way you think about Him and your relationship with Him?

Day 2: Read Romans 3:27-28

4. Paul said boasting is excluded (not allowed). How might someone brag about their relationship with God?
5. Why is it wrong to brag about your faith and your good relationship with God?
6. How is a person justified—by obeying the law or by faith in Jesus?
7. If you have trusted in Jesus for salvation, how can you show others your faith in Him this week? If you have not trusted in Jesus yet, pray to ask God to help you trust in Him.

Day 3: Read Romans 3:29-30

8. A Gentile is anyone born outside the family line of Abraham, Isaac, and Jacob. In Paul's day, Jewish people sometimes looked down on Gentiles. Why is it sinful to think of yourself as better than other people?
9. The Bible says there is only one way to be saved—through Jesus. How is that different from what many people believe today?



10. How could you use Romans 3 to share the gospel with someone who thinks they need to earn their salvation?

Day 4: Read Romans 3:31

11. If we believe in Jesus, do we still need to follow God's law? Use what you have learned in Romans so far to explain your answer.

12. How can believers "uphold the law"? Give examples.

13. Give an example of a time when you chose to obey God's Word. What happened?

Day 5: Take to Heart

People can be saved from their sin only because Jesus, the Son of God, lived a sinless life, died as the perfect sacrifice for sin, and rose to life in victory over sin, Satan, and death. No one can brag about their salvation or their right relationship with God because we do nothing to save ourselves. **God justifies people through faith in Jesus alone.** All people (Jews and Gentiles) are justified before God the same way—through faith. **God is impartial.** He gives eternal life to anyone who trusts in Jesus for salvation. Yet God's gracious gift of salvation through faith does not make His law unimportant. God's commands teach us how to live in a way that pleases God, giving Him honor and showing His character to the world. Saving faith includes a commitment to turn away from sin and live to please God.

Memory Verse: "For we maintain that a person is justified by faith apart from the works of the law." (Romans 3:28)

Day 6: Reflect and Respond

Complete one of these activities on your own, with your family, or with your BSF adult.

Activity 1: In your quiet time with the Lord, write down the things you have boasted about. What led you to brag? In prayer, ask God to align your thinking with His as you understand, appreciate, and thank Him for all you have because of His good gifts, including your faith.

Activity 2: With permission, using an erasable marker or pen on a sticky note, create a reminder on a mirror in your home to challenge you to reflect Jesus to others.



Day 1: Look Back

Let's review what you discovered in Romans 3:27-31.

1. How can sinners be justified (declared righteous) by God?
2. What does it mean to trust in Jesus for salvation?
3. Why is salvation called a gift?

Day 2: Read Romans 4:1-8

4. Who did Abraham believe, and what was the result?
5. Why do workers not think of their paycheck as a gift from their employers?
6. What gifts does God give to everyone who trusts in Him?
7. Does your life reveal that you are trusting in God? If so, how? If not, why not? Think about your choices, prayers, and responses to challenges.

Day 3: Read Romans 4:9-15

8. Why is it significant that God declared Abraham righteous before his circumcision and before the law was given to Abraham's descendants?
9. Why is it useless to depend on our good behavior or religious activities (such as obedience to the law, baptism, and church attendance) as a way to become righteous before God?



10. Do you believe you are righteous in God's eyes? Why or why not?

Day 4: Read Romans 4:16-25

11. From the following verses, describe Abraham's faith.

4:16-17

4:18-19

4:20-21

12. What was the result of Abraham's faith?

13. What happened to Abraham's faith as he waited for God to fulfill His promise?

14. How has God worked in a difficult or seemingly hopeless situation to strengthen your faith?

Day 5: Take to Heart

Paul wrote about Abraham's life to show that justification—God's action of declaring a sinner righteous—comes by grace through faith in Jesus and not because of what we do. Abraham believed in God's faithfulness and power to fulfill His every promise. God credited Abraham's faith to him as righteousness. In the same way, **God gives Jesus's righteousness to those who believe in Him**. God declares sinners righteous forever when they trust in Jesus for salvation because Jesus died and rose again to save them.

Memory Verse: "Yet he did not waver through unbelief regarding the promise of God, but was strengthened in his faith and gave glory to God, being fully persuaded that God had power to do what he had promised." (Romans 4:20-21)

Day 6: Reflect and Respond

Complete one of these activities on your own, with your family, or with your BSF adult.

Activity 1: Look up the definitions of the challenging words in Romans 4 and create a word puzzle, such as a crossword puzzle, for your friends to solve. Consider words like justification, righteousness, transgression, offspring, faithful, uncircumcised, and atonement.

Activity 2: Spend time memorizing this week's memory verse. Write a list of areas in your life where you want to grow in faith. Spend time praying that God would strengthen your faith and encourage you as you trust Him more.



Day 1: Look Back

Let's review what you discovered in Romans 4.

1. As you have reflected on last week's memory verse (Romans 4:20-21), how has your faith in God's promises been strengthened, encouraged, or challenged?
2. How does the example of Abraham help you understand that righteousness is an undeserved gift from God and not something we can earn?
3. If you are a believer in Jesus Christ, how do you show your gratitude for the gift of His righteousness and the promise of eternal life with Him?

Day 2: Read Romans 5:1-2

4. According to Romans 5:1, how do we have peace with God?
5. Read Romans 2:5 and 4:5-7. What is the difference between having peace with God and not having peace with God?
6. In this case, "boast" means "rejoice." When we have peace with God, in what can we "boast"?
7. What does "peace with God" look like for you in everyday life?

Day 3: Read Romans 5:3-5

8. Why do you think Paul said we can glory (or rejoice) even when life is hard?
9. Find the three positive qualities that suffering produces in God's people and explain the meaning of each. (You may use a dictionary if you need help.)

P	
C	
H	



10. Why does hope in God not disappoint us or “put us to shame,” according to verse 5?

11. How did God help you keep going during a hard time, and what did you learn about God or yourself?

Day 4: Read Romans 5:6-11

12. Find three words from verses 6-8 that describe those for whom Christ died. Explain how each of these words shows that people cannot save themselves.

P	
U	
S	

13. Match three words in verses 9-11 with descriptions of what Jesus has done for us through salvation.

Declared righteous by God through faith in Jesus Christ	saved
Repentant and forgiven of your sin	reconciled
Restored to a right relationship with God through Jesus	justified

14. What is the “reconciliation” with God Paul boasted about in verse 11? (Use a dictionary if needed.)

15. What does God’s gift of reconciliation reveal about His love for you, and how does this challenge you to respond? How can you show that love to others?

Day 5: Take to Heart

Even though sin separates people from God, there is hope. By grace, through faith in Jesus Christ, we can have peace with God. **God is love**, and He made reconciliation possible so we can live in relationship with Him. When we are reconciled to God, we can experience peace in every part of our lives. God’s peace never leaves us. We can turn to God. **Believers have peace with God that gives hope at all times.** God pours His love into our hearts through the Holy Spirit, giving us hope that we will not be put to shame. We can rejoice in suffering, knowing that God can use it to help us grow and become more like Jesus. What a joy it is to be reconciled and have peace with God—now and forever!

Memory Verse: “Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus Christ.” (Romans 5:1)

Day 6: Reflect and Respond

Complete one of these activities on your own, with your family, or with your BSF adult.

Activity 1: Create a poem, poster, or craft that illustrates the love God shows by reconciling us to Himself. Include our sin, God’s wrath, the peace and hope we receive through Jesus, and the memory verse.

Activity 2: Make a list of difficulties you are facing. Then spend time each day memorizing Romans 5:1.



Day 1: Look Back

Let's review what you discovered in Romans 5:1-11.

1. When you think about last week's memory verse (Romans 5:1), what difference does peace with God make in the daily life of a believer?
2. How does reconciliation with God give believers hope in all circumstances?
3. How can you live your life to glory (or rejoice) in what God has done for you?

Day 2: Read Romans 5:12-14

4. Read Genesis 2:15–3:24. What warning did God give Adam, and what happened when he did not obey?
5. How does verse 12 challenge the idea that people are naturally good or neutral?
6. From verses 13 and 14, was the law able to change the power of sin and reign of death? Why or why not?
7. Verse 14 refers to "the one to come," meaning Jesus. What are some ways you see the effects of sin in our world today, and how does it reveal that we need Jesus?

Day 3: Read Romans 5:15-19

8. Complete the chart to compare the differences in the consequences of the trespass (sin) of Adam and the gift that came through Jesus.

Verse	Gift	Trespass (sin)
15		Many died by the trespass of one.
16	The gift brought justification.	
17		Death reigned.
18	The gift resulted in justification and life for all people.	
19		The many were made sinners.



9. How is God's gift of grace and salvation through Jesus greater than Adam's trespass?
10. Why do you think God's grace is offered to everyone, even those who seem undeserving? How can you respond to God's grace this week?

Day 4: Read Romans 5:20-21

11. What happens to God's grace when trespasses increase, and how does this reflect His nature toward us?
12. What are the outcomes of the reign of sin and reign of grace in verse 21?
13. How does knowing that grace is stronger than sin give you hope when you sin against God?

Day 5: Take to Heart

It did not take long after God created the world for people to turn away from Him. Through the disobedience of Adam, sin entered the world and brought death to all people.

But there is good news! **God is gracious**, and His grace is far greater than our sin. His gift of salvation through Jesus Christ is more powerful than Adam's trespass and any sin that followed. Although everyone inherits Adam's sin nature through his disobedience, God's justification is available to all through Jesus's obedient sacrifice. **Jesus's righteousness defeated sin**. God's law helps us see our sin, but His grace covers it completely. Jesus Christ died for sinners, making salvation available to all people who believe in Him. This is grace!

Memory Verse: "Consequently, just as one trespass resulted in condemnation for all people, so also one righteous act resulted in justification and life for all people." (Romans 5:18)

Day 6: Reflect and Respond

Complete one of these activities on your own, with your family, or with your BSF adult.

Activity 1: Think of some things that you struggle with, such as sinful habits, thoughts, or attitudes. Draw symbols or simple pictures to represent these struggles. Pray and ask God to help you overcome them with His grace. Spend time each day memorizing this week's verse (Romans 5:18). As you repeat this verse, thank God that Jesus has paid for your sin so you can be made righteous.

Activity 2: God graciously shows kindness to people who deserve His anger. Think of someone who has wronged you. How can you show them grace this week? Consider praying for them, writing them a kind note, or doing something to help them. If you get the chance, tell them about God's grace.



Day 1: Look Back

Let's review what you discovered in Romans 5:12-21.

1. What were the results of Adam's sin (one man's trespass) and Jesus's gift (one man's gift)?
2. How did Paul explain that Jesus's righteousness defeated sin, and what is the result for believers?
3. How can remembering Jesus's victory over sin change your attitude or actions this week?

Day 2: Read Romans 6:1-4

4. Why do you think Paul asked the question he did in Romans 6:1 after writing about grace in chapter 5?
5. Who are "we" and "us" in today's verses? If you are a part of this group, rewrite Romans 6:1-2 inserting "I" instead of "we" to describe yourself and name the personal sin that you have died to.
6. How did Paul use baptism to explain both the death of sin and new life in Jesus for believers?
7. What does a new life in Christ look like to you?

Day 3: Read Romans 6:5-8

8. Complete the chart to identify the promises believers have through being unified with Jesus.

	Experience with Jesus	Promise
6:5	We are united in death.	
6:6-7		We are set free from sin.
6:8	We died with Christ.	



9. Read Ephesians 4:22-24 and Colossians 3:8-10, and then describe what Paul meant by “the old self.”
10. How could you explain to a friend what salvation means using Romans 6:5-8?
11. In what areas of your life do you need God’s help to believe He has set you free from sin?

Day 4: Read Romans 6:9-11

12. From today’s verses, list the truths you learn about Jesus.
13. What comfort does it give believers to be alive with God in Christ Jesus?
14. If you are alive in Christ and sin no longer controls you, what is one change you could make in your life this week to reflect that truth?

Day 5: Take to Heart

What is your identity? Are you dead in sin? Or alive in Christ? If you are in Christ, you have been set free from the power of sin and now live a new life. **God is omnipotent**, meaning He is all-powerful. He has power to break sin’s control over every person who accepts the gift of salvation through faith in Jesus Christ. **Jesus frees believers from sin’s power.** Believers are people who are dead to sin and alive in Christ. They have the power to live for God.

Memory Verse: “In the same way, count yourselves dead to sin but alive to God in Christ Jesus.” (Romans 6:11)

Day 6: Reflect and Respond

Complete one of these activities on your own, with your family, or with your BSF adult.

Activity 1: There is no sin so great that Jesus cannot save us from it. Create a list of people you know who need to receive salvation. Pray for them, and then consider how you could share the message of Jesus’s transforming power with them.

Activity 2: Draw or illustrate this week’s memory verse and spend time each day committing it to memory. Write a prayer thanking God for the power He has given you to die to your sin and be alive in Him. What difference has this truth made in your life?



Day 1: Look Back

Let's review what you discovered in Romans 6:1-11.

1. Should believers keep sinning because they have received grace? Explain your answer.
2. What does it mean that Jesus frees believers from sin's power?
3. If you are a believer in Jesus Christ, what does it mean to you personally to be united with Him in His death and resurrection?

Day 2: Read Romans 6:12-14

4. What are the two negative commands and two positive commands Paul gave in these verses?
5. Why did Paul say believers should no longer offer any part of themselves to sin?
6. What is the significance of being under grace and not the law?
7. How do you live out God's instructions in verses 12-13?

Day 3: Read Romans 6:15-18

8. What was Paul's answer to the question of continuing to sin because of grace, and where have you seen a similar question before? (See question 1.)
9. A slave is someone controlled by another person or power. Paul described two kinds of slavery. Describe each one and what it leads to.
10. From verse 17, what behavior marks someone as being set free from sin?
11. In what ways does your life show whom or what you are serving (righteousness or sin), and what is the fruit of that service?



Day 4: Read Romans 6:19-23

12. Fill in the blanks to complete the chart using details from the passage.

Results of being slaves to impurity (sin)	Results of being slaves to righteousness
ever-increasing _____ (6:19)	a life leading to _____ (6:19)
free from the _____ of righteousness (6:20)	slaves of _____ (6:22)
reap benefits from things they are _____ of (6:21)	reap benefits that lead to _____ (6:22)
reap from things that result in _____ (6:21)	reap benefits that result in _____ (6:22)
receive the _____ of sin, which is death (6:23)	receive the _____ of God, which is eternal life (6:23)

13. What did Paul mean by “the wages of sin is death”?

14. How do we see God’s goodness in sending Jesus as our Redeemer? (6:22-23)

15. In your own words, write down the choice facing you as presented by Paul. How will you respond?

Day 5: Take to Heart

A powerful question weaves through Paul’s teaching in this week’s lesson: Who or what controls you? Every day we see evidence that we live in a world trapped in the brokenness of sin. Paul reminds believers that God offers something better—redemption and freedom. **Jesus frees believers to live holy lives.**

Though the temptation to sin remains, Romans encourages us to give every part of ourselves as slaves to righteousness. **God is good**, and His grace moves believers toward the reward of holiness and eternal life with Him. Because of His love, think about how you are living. If you belong to Christ, do your choices show that? How can you offer yourself to God today and live in the freedom Jesus gives?

Memory Verse: “For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.” (Romans 6:23)

Day 6: Reflect and Respond

Complete one of these activities on your own, with your family, or with your BSF adult.

Activity 1: Write this week’s memory verse on a sticky note and place it where you will see it. Every day for one week, write a short note or journal entry about moments when you choose obedience to God over sin. Record what helps you make the right choice.

Activity 2: Create a graphic, sketch, poster, or drawing that illustrates the contrast between sin and eternal life presented in this week’s memory verse. Consider with whom you might share your artwork to explain God’s goodness.



Day 1: Look Back

Let's review what you discovered in Romans 6:12-23.

1. Paul explains that we have a choice of two masters. Describe each.
2. How has Jesus freed believers to live holy lives?
3. How have you seen or experienced God's help to overcome sin and live a life of freedom?

Day 2: Read Romans 7:1-6

4. From what does Jesus Christ's death and resurrection release believers?
5. To whom do believers now belong?
6. What is believers' new purpose?
7. How is the Holy Spirit helping you obey and serve God?

Day 3: Read Romans 7:7-13

8. Paul said the law is not sinful. What purpose did he say the law fulfills?
9. Describe Paul's example of how a commandment (rule or restriction) can spark the temptation to sin. How have you experienced this?
10. When believers are tempted and break the law (sin), do they lose their salvation before God (7:13)? Explain your answer.



11. When has God used His Word to show you sin in your heart, and what was your response?

Day 4: Read Romans 7:14-25

12. What did Paul say dwelled in him instead of good, and what was the result of it?

13. How did Paul describe his battle with sin in verses 21-24?

14. What was Paul's answer to his question in verse 24? How does this truth help you battle your sin nature?

Day 5: Take to Heart

"I do not understand what I do. For what I want to do I do not do, but what I hate I do." Have you ever felt like this? Have you experienced moments of frustration with yourself and mumbled similar words? Believers belong to God, but they still struggle with sin. The Holy Spirit reveals what is true and right, yet sin still tempts us, and obedience does not always come easily. When we come to Jesus Christ and realize that we are saved sinners who still sin, we mature in our faith and in our sanctification. We experience God's grace and come to hate our sin, instead desiring to obey Him. **God is our Father**, and He has a loving relationship that lasts forever with every believer. **Believers belong to God even though they still sin.** Because we are filled with the Holy Spirit, we have all we need to turn from our sin and grow in the likeness of God.

Memory Verse: "What a wretched man I am! Who will rescue me from this body that is subject to death? Thanks be to God, who delivers me through Jesus Christ our Lord!" (Romans 7:24-25a)

Day 6: Reflect and Respond

Complete one of these activities on your own, with your family, or with your BSF adult.

Activity 1: Identify one sin in your life that you struggle with and a next step you can take to turn away from it. Ask a trusted adult to pray with you and hold you accountable as you seek the Holy Spirit's help to turn away from that sin and grow to be more like Jesus.

Activity 2: Draw a picture, assemble a collage, or write a poem that depicts the battle believers have with sin and the deliverance we have through Christ. Try to incorporate this week's memory verse. Consider sharing your creation with family or friends.



Day 1: Look Back

Let's review what you discovered in Romans 7.

1. What struggle did Paul explain that believers face?
2. Why do believers belong to Jesus even though they still sin?
3. How has your struggle against sin helped you grow closer to God? Think of specific examples.

Day 2: Read Romans 8:1-4

4. Condemnation means the state of being declared evil or guilty. Rewrite Romans 8:1 in your own words. Why is this truth life-giving?
5. From verses 2-4, what role does each part of the Trinity have in our salvation? Draw lines connecting the answers.

God the Father

died as our sin offering

God the Son (Jesus)

gives believers power to live for God

God the Holy Spirit

sent His own Son to die as a sin offering

6. How will you thank God for taking away your condemnation and giving you freedom in Him?

Day 3: Read Romans 8:5-11

7. What are the differences between those who live according to the flesh (sin) and those who live in accordance with the Spirit? Use verses 5-8 to complete the chart below by using the following words: death, flesh, God, life, peace, please, Spirit, submit.

People who live by the flesh	People who live by the Spirit
have their minds set on what the _____ desires	have their minds set on what the _____ desires
have their mind governed by the flesh, which leads to _____	have their mind governed by the Spirit, resulting in _____ and _____
are hostile to _____	
do not and cannot _____ to God	
cannot _____ God	

8. What do you think it means for believers to set their minds on what the Spirit desires (8:5-7)?



9. From verses 9-11, what is promised to those who have the Holy Spirit living in them?
10. If you have believed in Jesus as your Savior and Lord, then you have His Spirit. How will you set your mind more fully on what the Spirit desires this week?

Day 4: Read Romans 8:12-17

11. An obligation is something a person must do. What is believers' obligation and why? (8:12-14)
12. True or False: If we live according to the flesh, we will thrive.
13. True or False: If by the Spirit we put to death the misdeeds of the body, we will live.
14. From verses 14-17, what does the Spirit give us as God's children?
15. How might these privileges help you or others who struggle with doubt about God's fatherly love?

Day 5: Take to Heart

This week's passage reveals God's beautiful plan for His children, who have been adopted into His family through faith in Christ. No longer condemned for their sin, believers are called to live for God and not for themselves. Empowered by the Holy Spirit who lives in them, believers enjoy new lives of freedom to pursue God rather than the sinful desires of their flesh. **The Holy Spirit gives believers power to live for God. The Holy Spirit is our guide**, who leads believers to live for God in new lives of faith.

Memory Verse: "Therefore, there is now no condemnation for those who are in Christ Jesus." (Romans 8:1)

Day 6: Reflect and Respond

Complete one of these activities on your own, with your family, or with your BSF adult.

Activity 1: Reflect on actions or words that make you feel guilty or on things you struggle to forgive. Write them on a sheet of paper. Spend time in prayer asking Jesus for forgiveness and ask for the Holy Spirit to help you forgive others. Read this week's memory verse and celebrate the truth that there is no condemnation for you if you belong to Jesus. Tear up the paper to demonstrate this truth to yourself.

Activity 2: Review Romans 8:2-3 and reflect on your answer in question 5. Draw a diagram that illustrates how God the Father, God the Son, and God the Holy Spirit work together in believers' lives. Label your diagram with words from the passage. Ask a family member or your BSF adult for help if needed. Use the diagram to thank God for all He has done for you through Jesus and the Spirit.



Day 1: Look Back

Let's review what you discovered in Romans 8:1-17.

1. Review last week's memory verse (Romans 8:1). How has knowing believers in Jesus Christ face no condemnation given you comfort, peace, and security?
2. What privileges do believers have as God's children?
3. Through this year's study so far, what parts of your life have changed from living according to the flesh toward living according to the Spirit?

Day 2: Read Romans 8:18-22

4. What did Paul conclude about believers' present sufferings?
5. According to verse 21, what are God's children destined for that creation will also be brought into?
6. Glory is the total of all God's attributes. What does glory mean for believers according to 2 Corinthians 3:18; Philippians 3:20-21; and 2 Thessalonians 2:13-14?
7. In what ways do you see creation groaning, frustrated, and in decay?

Day 3: Read Romans 8:23-25

8. Why do God's people groan inwardly?
9. What did Paul mean when he referred to the hope believers already have, and how are we to wait for what we do not yet have?



10. How does the hope of future glory give you strength when you face difficulties in your life?

11. What can you do to strengthen your faith as you wait for believers' future glory?

Day 4: Read Romans 8:26-27

12. How does the Holy Spirit help God's children when they are weak and do not know how to pray?

13. Who did Paul call "he who searches our hearts"?

14. How have you seen the Holy Spirit at work in your life?

Day 5: Take to Heart

How do you respond to suffering? In our own lives, we see and even experience sickness, war, broken relationships, natural disasters, and death. Yet Paul reminded us of where our focus should be as we endure. **Believers eagerly wait for God's promised future glory.** With the Holy Spirit's help, we have hope for the future day when God will renew all things in His perfect glory. God's glory is the total of all His attributes. **God is glorious**, and one day believers will share in His glory. What helps you focus on future glory rather than on today's grief? Will you allow your struggles and pain to turn your focus to God, His presence, His comfort, and His promises? The Holy Spirit helps God's people. When we do not know how to pray, He groans for us in wordless prayer and in agreement with God's will. When you feel too weak or confused to speak to God in prayer, ask for the Spirit's help. He is always with you.

Memory Verse: "I consider that our present sufferings are not worth comparing with the glory that will be revealed in us." (Romans 8:18)

Day 6: Reflect and Respond

Complete one of these activities on your own, with your family, or with your BSF adult.

Activity 1: Set a timer for five minutes each day to pray, even when you do not have the words. Let your heart be still and remember that the Holy Spirit is interceding for you and helping you pray for God's will in your life. Write what you learn about God during these prayer times.

Activity 2: Make a list of the "groans" you notice this week—things in creation, your life, or other people's lives that show pain, suffering, or need (for example, sickness, storms, or struggles). Each day recite Romans 8:18 and ask the Holy Spirit to bring comfort and help in each situation.



Day 1: Look Back

Let's review what you discovered in Romans 8:18-27.

1. According to last week's passage, who and what are groaning today, and why?
2. What does it mean that believers will share in God's glory?
3. For what or whom do you pray as you wait patiently?

Day 2: Read Romans 8:28-30

4. What promise does God give believers in Romans 8:28?
5. How does verse 28 comfort or challenge you as you pray about your struggles?
6. Fill in the blanks by using the following words that appear in today's verses: **predestined, conformed, called, justified, glorified.** (The first one has been done for you.)

predestined determined ahead of time

_____ to become like something or someone else

_____ declared righteous by God

_____ destined for and taken into God's glorious eternity, without sin's weight and damage

_____ drawn by the Holy Spirit into salvation in Christ

7. How do you see God at work in your life to make you more like His Son, Jesus?

Day 3: Read Romans 8:31-37

8. Match Paul's questions to their answers from Romans 8:31-37.

"Who shall separate us from the love of Christ? Shall trouble or hardship or persecution or famine or nakedness or danger or sword?" _____

"Who will bring any charge against those whom God has chosen?" _____

"Who then is the one who condemns?" _____

"If God is for us, who can be against us?" _____

A. "No one. Christ Jesus who died—more than that, who was raised to life—is at the right hand of God and is also interceding for us."

B. "He [God] who did not spare his own Son but gave him up for us all—how will he not also, along with him, graciously give us all things?"

C. "It is God who justifies."

D. "No, in all these things we are more than conquerors through him who loved us."



9. Believers are eternally secure, meaning that God carries them safely to their eternal home. How do Paul's questions and answers affirm that believers are eternally secure?

10. If you are a believer, how does the truth about your eternal security encourage you as you live out your faith?

Day 4: Read Romans 8:38-39

11. What 10 things did Paul list that cannot separate believers from the love of God?

12. God is our preserver. Based on Romans 8:38-39, what do you think this attribute of God means? (See also Philippians 1:6 and 2 Timothy 4:18.)

13. How does the truth that nothing can separate believers from God's love and protection help you grow in your love and trust for Him?

Day 5: Take to Heart

The eternal security God promises in this passage will never change because God never changes. Paul challenged us to stand firm with God because life will have its troubles that test God's people. But God works everything in believers' lives for eternal good. **God is our preserver.** This promise frees us to step out in faith and follow Him regardless of the circumstances. God gives His people great hope. He is for you. He does not condemn you. If you are a believer, nothing can separate you from the love of God in Christ Jesus. Nothing now. Nothing ever. **God's children are eternally secure.**

Memory Verse: "He who did not spare his own Son, but gave him up for us all—how will he not also, along with him, graciously give us all things?" (Romans 8:32)

Day 6: Reflect and Respond

Complete one of these activities on your own, with your family, or with your BSF adult.

Activity 1: Locate two paperback books or notebooks that are the same shape and size. Interlock the books by overlapping alternating pages one at a time. When finished, invite friends or family members to try to pull the books apart. It should be nearly impossible to separate the books. Remind them that nothing can separate us from the love of God in Christ Jesus.

Activity 2: Use Romans 8:38-39 as inspiration for a poster. Hang it somewhere you will see it often to remind you that God's children cannot be separated from His love.



Day 1: Look Back

Let's review what you discovered in Romans 8:28-39.

1. What did you learn about God?
2. How did Paul describe the relationship that believers have with God because of His love?
3. How did the lesson encourage or challenge you to trust God more?

Day 2: Read Romans 9:1-5

4. Why was Paul's heart filled with sorrow and unceasing anguish (extreme pain or distress)?
(Hint: See Romans 9:30-32.)
5. What spiritual advantages did God give the Israelites?
6. Paul longed for the Israelites to have faith in Jesus. Who do you know who needs faith in Jesus? Pray for them today.
7. What blessings have you received that lead you toward faith in Christ?

Day 3: Read Romans 9:6-13

8. Name the patriarchs (the fathers of the Jewish people) who received God's promises. (See also Genesis 12:1-3; 26:23-25; 28:10-15.)
9. Name a descendant of Abraham who did not receive God's promise of blessings. (See also Genesis 16:15; 25:1-2.)
10. How do verses 6-13 show we are saved by God's grace and not by our own efforts?



11. How are you challenged to rely on God and to encourage others to trust in Him?

Day 4: Read Romans 9:14-29

12. What do verses 14-29 reveal about God and His mercy? (Mercy is forgiveness of people who deserve judgment.)

13. How did Paul answer those who accused God of being unjust because He does not save everyone?

14. In verses 22-24, how and why does God demonstrate His patience?

15. What words and phrases did God use to describe believers in the Hosea and Isaiah verses (9:25-29)?

Day 5: Take to Heart

Paul expressed deep sorrow over his people, the Israelites, because many of them did not believe the gospel. They had received spiritual privileges as God's people, including the ancestry of the Messiah, yet they refused to trust in Jesus for salvation. Paul explained that God's promises to Israel had not failed. God had always promised that some—but not all—Israelites would be saved from His coming judgment, and Gentiles have always been included in His salvation plan. **God is sovereign.** He controls all things to accomplish His good purposes. **God gives people faith to trust in Jesus.** Only those who trust in Jesus for salvation will receive eternal life.

Memory Verse: "What then shall we say? Is God unjust? Not at all! For he says to Moses, 'I will have mercy on whom I have mercy, and I will have compassion on whom I have compassion.'" (Romans 9:14-15)

Day 6: Reflect and Respond

Complete one of these activities on your own, with your family, or with your BSF adult.

Activity 1: Research places where people do not often have the opportunity to hear about Jesus. Commit to pray each day this week for the believers there to be brave and bold.

Activity 2: Find a creative way to remind yourself of the attributes of God you have studied so far in Romans, including that **God is sovereign**. You could bake cookies and write the attributes with icing, create digital art, or paint a pillowcase.



Day 1: Look Back

Let's review what you discovered in Romans 9:1-29.

1. How did last week's lesson challenge your thinking about God's sovereignty and compassion toward sinners?
2. In what ways has Paul's love for unbelieving people changed your thoughts or actions toward those you know who do not yet believe in Jesus as their Savior?

Day 2: Read Romans 9:30-10:4

3. The Gentiles received righteousness by faith as a gift from God. How did many Israelites attempt to become righteous before God? What was the result?
4. Many Israelites "stumbled over the stumbling stone" (Jesus). What does this mean?
5. What knowledge did the Israelites lack that caused their zeal (strong feelings that lead to action) for God to be worthless?
6. What do unbelievers you know need to understand so that they will trust in Jesus as their Savior?

Day 3: Read Romans 10:5-9

7. How can you be saved?
8. How would you explain the meaning of each phrase in Romans 10:9?

Declare with your mouth:

Jesus is Lord:

Believe in your heart:

And you will be saved:



9. Have you been saved from your sin? Pray, asking God to show you anything that is holding you back from living fully surrendered to Jesus.

Day 4: Read Romans 10:10-13

10. Read the following verses and record what you learn about the heart.

Matthew 6:21

Matthew 12:34

Romans 1:21-22

Galatians 4:6

11. True or False: Saying the words “Jesus is Lord” brings salvation. Explain your answer. (*Hint: The heart is the center of a person’s mind, emotions, will, and inward life.*)

12. According to Romans 10:11-13, who can be saved?

13. What questions do you have about salvation?

Day 5: Take to Heart

The power of Jesus’s perfect life of righteousness completely satisfied every part of God’s law. Jesus, God the Son, died in our place as the perfect sacrifice for our sin. The only way anyone can be made right with God is by receiving the gift of faith in Jesus. **God is righteous.** His saving righteousness is available to everyone—Jew or Gentile. As God draws sinners to Himself, we respond with faith in Jesus and declare Him Lord of our lives. **Everyone who trusts in Jesus will be saved.**

Memory Verse: “If you declare with your mouth, ‘Jesus is Lord,’ and believe in your heart that God raised him from the dead, you will be saved.” (Romans 10:9)

Day 6: Reflect and Respond

Complete one of these activities on your own, with your family, or with your BSF adult.

Activity 1: Decorate a card with this week’s memory verse and main truth: **Everyone who trusts in Jesus will be saved.** Prayerfully select a place to leave your card so that someone who finds it might trust in Jesus or share the truth about Him with someone else.

Activity 2: Ask a believer to share with you the story of how they came to faith in Jesus. If you are a believer, tell one person how you came to believe in Jesus as your Lord and Savior.



Day 1: Look Back

Let's review what you discovered in Romans 9:30–10:13.

1. How do people today stumble over the “stumbling stone” like many Israelites of Paul’s day?
2. How is the daily pursuit of righteous behavior different than being right with God?
3. In what ways did last week’s memory verse (Romans 10:9) motivate you to share the good news of Jesus Christ with others?

Day 2: Read Romans 10:14-15

4. How did Paul describe the steps to believing in Jesus Christ in verses 14-15?

5. What can we learn about sharing the gospel from the following verses?

Matthew 28:18-20

Acts 1:8

Acts 13:47

2 Corinthians 2:14

6. Consider your answers to questions 4 and 5. Which truths do you find most challenging to live out?

Day 3: Read Romans 10:16-17

7. In Isaiah 53, Isaiah prophesied about the coming Messiah, or Savior. What was the good news that not all the Israelites accepted?
8. From verse 17, where does faith to believe in Jesus come from?
9. How has a truth from the Bible strengthened your faith in God?



Day 4: Read Romans 10:18-21

10. Write the answers to the questions Paul asked about the Israelites.

Did Israel not hear? (10:18)

Did Israel not understand? (10:19)

11. Explain the difference between hearing, understanding, and believing the message of salvation.

12. Do you think the unbelievers you know need to hear the gospel, understand the gospel message, or believe what they have heard? What could you do to encourage them to trust in Jesus?

13. Verse 21 says God held out His hands, meaning He offered Himself, to the Israelites throughout their history. What does this teach you about God?

Day 5: Take to Heart

By asking and answering questions, Paul taught the importance of sharing the gospel. He explained that **God sends believers to tell others about Jesus**. Then God gives people faith as they hear the gospel message. However, many Israelites in Rome had heard the gospel message but refused to accept it. Paul quoted the Old Testament to show that, for generations, the Israelites had been taught that God's salvation plan included the Gentiles. Now they understood the gospel, but they refused to repent of their sin and turn in faith to Jesus. **God is merciful**. He forgives and saves anyone who repents and turns to Jesus in faith, but the Israelites were stubborn. What about you? What is holding you back from fully trusting in Jesus? If you have repented and turned to Jesus in faith, who needs to hear you share the gospel message?

Memory Verse: "Consequently, faith comes from hearing the message, and the message is heard through the word about Christ." (Romans 10:17)

Day 6: Reflect and Respond

Complete one of these activities on your own, with your family, or with your BSF adult.

Activity 1: Using ink or paint, make a thumbprint and a print of your big toe. Look closely at the prints that are yours alone. Read Romans 10:15 and think of how God has uniquely called you to be His hands and feet. Share a truth about Jesus with someone outside your family this week.

Activity 2: Romans 10:21 reminds us that God holds out His hands to disobedient and obstinate people. Think of someone you know who has heard the gospel but does not yet believe it. Pray for them every day that God would help them believe the message of salvation.



Day 1: Look Back

Let's review what you discovered in Romans 10:14-21.

1. Summarize the good news of Jesus from your study of Romans.
2. How do we receive faith to believe what God has done for us through Jesus?
3. How has God used you to share the good news of Jesus with family, friends, and your community?

Day 2: Read Romans 11:1-10

4. What two examples did Paul give to show that God has not rejected the Jewish people?
5. A remnant is a small part that remains from something larger. From verses 5-6, why does God choose to save a remnant?
6. If you are a believer, what is true about why God saved you? How does this encourage you?
7. Why did the people of Israel not obtain the righteousness they sought?

Day 3: Read Romans 11:11-24

8. What good has come from Israel's rejection of Jesus?
9. What hope did Paul have for when Israel believes?
10. Match the illustrations from verses 16-24 to their explanations.

Illustration

Branches broken off

Wild olive shoot grafted in

Natural branches grafted in

Explanation

Unbelieving Israelites Israelites who were broken off but can turn back by God's grace

Believing Gentiles who have become part of the kingdom of God

Unbelieving Israelites



11. How does this passage address Gentile believers who might be tempted to boast? (11:18-20)

Day 4: Read Romans 11:25-32

12. How did Paul explain the mystery of why Israel did not initially accept God's salvation?

13. From verse 26, how did God fulfill His promise to save Israel?

14. How did God show His love and mercy to both Jews and Gentiles?

15. How have you seen or experienced God's kindness and goodness in your life?

Day 5: Take to Heart

God is good. All He does is perfectly loving, faithful, and righteous. This week we learned that He will be faithful to His plans for Israel just as He will be faithful to all those He saves. **God can be trusted to fulfill His plans perfectly.** In the meantime, God calls His people, those who believe in Jesus Christ, to shine His light in this world. He strategically places believers to make a difference in their families, neighborhoods, schools, and cities. How does your daily attitude spread hope or joy to those around you? In what ways is God calling you to share the wonder of Jesus's love and make a difference in someone's life today?

Memory Verse: "So too, at the present time there is a remnant chosen by grace."
(Romans 11:5)

Day 6: Reflect and Respond

Complete one of these activities on your own, with your family, or with your BSF adult.

Activity 1: Play a game with your family to see how many songs you can think of that have the words "good" or "mercy" in the title or lyrics of the song. Give bonus points to anyone who sings part of the song. Make a list of all the ways that **God is good**.

Activity 2: Use interlocking bricks, paper mâché, newspaper, clay, or other craft materials to build a tree that has firm roots. Attach some solid branches and some branches that can be cut off. Use the tree to explain to a family member how God has fulfilled His plan of salvation for all—Jews and Gentiles.



Day 1: Look Back

Let's review what you discovered in Romans 11:1-32.

1. What happened as a result of the transgressions of God's chosen people?
2. Describe the illustration of the branches and what it means.
3. What characteristics of God are revealed through His treatment of both Israel and the Gentiles?

Day 2: Read Romans 11:33

4. Review Romans 11:25-32. What reasons expressed in those verses caused Paul to break into praise starting in verse 33?
5. For which specific attributes did Paul praise God?
6. What truths about God cause you to praise Him?

Day 3: Read Romans 11:34-35

7. What three questions did Paul ask in verses 34-35, and what is the answer?
8. How can knowing that God is incomprehensible—greater than we can understand or explain—help us when we wrestle with difficult questions?
9. What has God given all people? (See Genesis 1:27-30; John 3:16; Acts 17:24-28.)



10. What has God given to you specifically, and how will you respond?

Day 4: Read Romans 11:36

11. What does it mean to you that all things are from God, through God, and for God? How are we to respond to Him because this is true? Read Psalms 24:1; 103:19; 147:5 to help with your answer.

12. God is incomprehensible but He has revealed what we need to know about Him through His Word, His Son, and His Spirit. Summarize the following:

His Word (2 Timothy 3:16-17)

His Son (Hebrews 1:2-3)

His Spirit (Ephesians 1:17)

13. How have you seen God's glory, and how will you give glory to God today?

Day 5: Take to Heart

People settle for the knowledge they get from smartphones, computers, and social media. Artificial intelligence gives us quick access to sometimes questionable information. But God's knowledge greatly exceeds anything generated by humans or machines. His wisdom and power are beyond compare. God the Father stands ready to help us know and understand truth. He is only a prayer away. With His Word at our fingertips and His Spirit to instruct us, God helps His people navigate life's challenges. Although **God is incomprehensible**, He gives us His wisdom as we seek Him in any and all of our decisions. God loves His people. He knows the number of hairs on our heads. He cares about the details of our lives. **God is greater than us in every way and deserves our worship.** How will you seek His knowledge and His wisdom in His Word?

Memory Verse: "For from him and through him and for him are all things.
To him be the glory forever! Amen." (Romans 11:36)

Day 6: Reflect and Respond

Complete one of these activities on your own, with your family, or with your BSF adult.

Activity 1: The section of Scripture we read today is a short hymn of praise called a "doxology." That word comes from the Greek word for glory. Write a praise acrostic using the word "GLORY." For each letter of the word, write a phrase or sentence that praises God.

Activity 2: Take a short walk each day this week as you learn this week's memory verse. As you walk, look for five things in creation that show God's glory. Share your five things with your family or BSF adult and thank God for each one.



Day 1: Look Back

Let's review what you discovered in Romans 11:33-36.

1. What can we learn about God from Paul's doxology (words of praise to God used in worship)?
2. What does it mean that God is incomprehensible?
3. What attribute of God from the lesson is most helpful to you today? Why?

Day 2: Read Romans 12:1-2

4. God's mercy is His forgiveness or compassion shown toward someone who deserves judgment. What did Paul challenge his fellow believers to do in response to God's mercy? (12:1)
5. In the Old Testament, animal sacrifices were killed as atonement for sin. How would you describe a living sacrifice?
6. Name one way that people often think differently from what God's Word says.
7. "Transformed" means to be changed. How would you like God to change your thinking so that it is less like the world and more like His thinking? Pray, asking God to renew your mind.

Day 3: Read Romans 12:3-5

8. What warning did Paul give in verse 3?
9. To what did Paul compare believers?



10. Think about how each part of your body needs the other parts. In the same way, who does each believer need? (*Hint: Who did Paul say that each member of the body of Christ belongs to?*)

11. Write the names of two believers who serve and support you. Take time this week to thank these people for how they care for you.

Day 4: Read Romans 12:6-8

12. List the seven gifts Paul mentioned.

13. Why does God give believers different gifts? (Look back to your answer to question 10 for help.)

14. How might God be giving you an opportunity to use one of the gifts Paul mentioned?

Day 5: Take to Heart

Paul encouraged believers to dedicate their entire lives to God as a response to His mercy. Paul taught that true worship means living wholeheartedly for God and not conforming to the ways of the world. By the transforming power of the Holy Spirit, **believers are to worship God and serve one another**. When we understand God's grace, we will not have an inflated or deflated view of ourselves. We will see that **God is our provider**. Our salvation and spiritual gifts are truly gifts from God, not something we earn. God gives believers gifts for serving one another, much like different parts of our bodies work together. If you believe in Jesus, you are meant to serve within the Church. You are gifted to support other believers. Serving God and others brings joy within the body of Christ.

Memory Verse: "Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship." (Romans 12:1)

Day 6: Reflect and Respond

Complete one of these activities on your own, with your family, or with your BSF adult.

Activity 1: What gifts and abilities has God given you to use within His Church? Consider asking a BSF adult, "What gifts do you see in me?" Make a list of how you are using your gifts right now and how you might use them more. Pray, asking God to show you how you can serve the Church to glorify Him.

Activity 2: Write out the verses Romans 12:1-2 and draw a "before" picture showing what it looks like to conform to the pattern of the world and an "after" picture of what it looks like to be transformed by Christ.



Day 1: Look Back

Let's review what you discovered in Romans 12:1-8.

1. How does God want believers to offer themselves to Him and serve each other in the Church?
2. What illustration did Paul use to describe the Church and what does it show about each believer's role?
3. Over the last week, how has God used the gifts He has given you?

Day 2: Read Romans 12:9-13

4. "Sincere" means honest, pure, and true. Why might Paul have stressed that love must be sincere?
5. List Paul's instructions from 12:10-13 in your own words.
6. Which of Paul's instructions is hardest for you to obey and why?
7. What is one practical way you can love God and love others this week?

Day 3: Read Romans 12:14-17

8. How should we respond to those who persecute us?
9. Give an example of how you could do the following.
Rejoice with those who rejoice

Mourn with those who mourn
10. When has someone rejoiced with you in success or helped you in mourning?



11. In what ways does Paul's teaching in 12:17 contrast with what culture encourages?

Day 4: Read Romans 12:18-21

12. In 12:18, Paul summarized his instructions about how believers are to treat others. In what specific ways or circumstances is God asking you to live at peace?

13. Why are believers not to take revenge?

14. How are believers to treat those we might want revenge against? What does this accomplish?

15. How does Paul's final instruction in 12:21 encourage you as you strive to live differently in the world?

Day 5: Take to Heart

This week's passage is filled with instructions for how God wants His people—those who have been transformed by Christ—to live and treat others. **God is love**, and His love, which has been poured into believers, compels us to live in a way that contradicts the world. This is the cross that believers are to carry. Through their faith in Jesus and the Holy Spirit's power, believers begin a new kind of service and love for others in their love for God. **God calls believers to love others the way He loves us.**

Memory Verse: "Love must be sincere. Hate what is evil; cling to what is good."
(Romans 12:9)

Day 6: Reflect and Respond

Complete one of these activities on your own, with your family, or with your BSF adult.

Activity 1: Look for one real situation this week where you can actively be a peacemaker, such as helping to settle an argument, refusing to gossip, or including someone who has been left out. Afterward, answer these questions: How did God lead you? What changed in you?

Activity 2: Pick someone to secretly bless. Consider selecting someone who is difficult for you to get along with. Rules: Do something kind, stay anonymous if possible, and expect nothing in return. At the end of the week, answer these questions: How did it feel to bless this person? What changed in you?



Day 1: Look Back

Let's review what you discovered in Romans 12:9-21.

1. How does God want believers to respond to evil and those who persecute them?
2. Which command from Romans 12:9-21 do you think is hardest to follow? Pray, asking God to strengthen you to live according to His Word.

Day 2: Read Romans 13:1

3. "Subject" means to be under authority or control. Who should submit to the authority or control of their governing authorities? Why?
4. Who are the people God has put in charge of you?
5. When is it acceptable to God to refuse to submit to authority? (See also Daniel 3; 6; Acts 5:29; or other Scriptures you know.)
6. List God's attributes and ask Him to help you wisely submit to Him and those in authority over you.

Day 3: Read Romans 13:2-4

7. Who are you ultimately rebelling against when you fail to submit to authority?
8. How are those in authority described in verse 4?
9. Name a rule that you do not enjoy following. How could submitting to this rule be good for you?
10. God is omniscient and sovereign; He knows everything, and He is in control of everything to accomplish His good purposes. How could believing these truths about God change the way you pray and respond to those in authority over you?



Day 4: Read Romans 13:5-7

11. What two reasons did Paul give for submitting to those in authority?

12. Taxes are payments citizens must pay to the government, usually for public resources such as roads, schools, police, and defense. Are believers required to pay taxes?

13. List the instructions Paul gave in verse 7.

14. Pray, asking God to bring to your mind anything you owe to others. Write down what you owe and work this week to pay what is due. For example, you might need to repay someone for something you borrowed or express gratitude or honor to someone.

Day 5: Take to Heart

We all have people in authority over us. Submitting to these individuals is a way to obey and honor God because **God sovereignly places people in positions of authority**. What does it look like to submit to authority? Believers are to be respectful and follow instructions with the right motives and attitudes. We do this by trusting God. **God is omniscient**. He knows everything, including our needs, how we are treated, and how we respond. God is sovereign over all, including every leader and government in the world. How do your attitudes and actions reflect your trust in God? When we believe that God knows what is best and has all power and authority to perfectly carry out His will, we can submit to people He has placed over us. God's Word promises that He is always working for the ultimate good of His people. To whom do you owe an obedient, helpful, and respectful attitude? Ask God to help you show them proper honor.

Memory Verse: "Let everyone be subject to the governing authorities, for there is no authority except that which God has established. The authorities that exist have been established by God." (Romans 13:1)

Day 6: Reflect and Respond

Complete one of these activities on your own, with your family, or with your BSF adult.

Activity 1: Choose one person in authority over you and do something helpful to honor and respect them without being asked, such as offering to complete a task they normally do or showing sincere gratitude. Notice how your actions and attitude influence others.

Activity 2: Spend time each day committing this week's verse to memory. As you repeat the words, ask God to help you submit to authority with a willing heart. Share with your family or BSF adult when this verse challenges or encourages you.



Day 1: Look Back

Let's review what you discovered in Romans 13:1-7.

1. What should believers' attitude be toward those in authority?
2. Why is it right for believers to submit to those in authority over them?
3. What attributes of God encourage you to rightly respond to those in authority over you?

Day 2: Read Romans 13:8-10

4. What ongoing debt do God's people carry?
5. What commands from God are fulfilled by loving others?
6. What is one way you will remind yourself this week to rely on the power of the Holy Spirit to love others as Christ Jesus has loved you.

Day 3: Read Romans 13:11

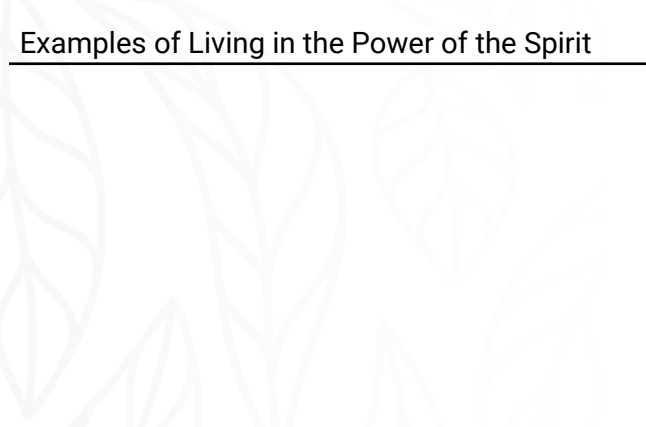
7. What big event are believers waiting for that Paul referred to when he said, "Our salvation is nearer now than when we first believed"? (See also Acts 1:1-11.)
8. Paul called for believers to wake up, meaning to take seriously the fact that Jesus could return at any time. List two ways you would live differently today if you knew Jesus would come back to earth within the next eight hours.
9. Since waking up means preparing for Jesus's return, give an example of how a believer might be slumbering, or sleeping lightly, as they live out their faith.



Day 4: Read Romans 13:12-14

10. In verse 12, what did Paul say to put aside and put on?

11. God is light. Believers are to put on the armor of light by turning away from sin and living in the power of the Holy Spirit. What examples did Paul give? (13:13-14)

Examples of Living in the Power of the Spirit	Examples of Sins to Turn From
	

12. How are you being challenged to shine for Jesus in your community?

Day 5: Take to Heart

Did you know that the Lord Jesus will one day return to earth? Jesus, who came to earth to live a perfect life and died as God's sacrifice for sinners, will return physically, suddenly, and visibly. No one knows the exact day or time of His return, but those who believe in God's promises understand that He could come back at any moment. **God is patient.** He graciously gives people time to be saved before Jesus returns. The way believers live while waiting for Jesus's second coming serves as a witness to the world. Therefore, **believers are to love others as they prepare for Jesus's return.** They are to think and live differently from the rest of the world by living holy lives and sharing the gospel. What do you need to do to be ready for Jesus's return?

Day 6: Reflect and Respond

Complete one of these activities on your own, with your family, or with your BSF adult.

Activity 1: Believers are called to carry a debt of love for each other. Plan to show God's love to someone in a special way. You could visit someone who is lonely, help a sibling with homework, send an encouraging message, or take a meal to someone who is sick.

Activity 2: As you get dressed each day, spend time committing this week's verse to memory. Think about how the Holy Spirit enables believers to shine God's light wherever they go.



Day 1: Look Back

Let's review what you discovered in Romans 13:8-14.

1. What debt did Paul say we carry continually, and why?
2. How should believers live differently knowing Jesus could return at any moment?
3. What does clothing yourself with Christ look like in your daily activities, friendships, and habits?

Day 2: Read Romans 14:1-12

4. How did Paul encourage stronger believers to respond to weaker believers in verses 1-4?
5. Disputable matters are issues that are not about salvation or a command in the Bible. What types of disputable matters are mentioned in Romans 14:1-12?
6. How should we treat believers when their choices are different from ours? (14:10-12)
7. How can you show love to believers with different opinions about disputable matters through your actions, words, and attitudes this week?

Day 3: Read Romans 14:13-18

8. What instructions did Paul give believers in verse 13?
9. A stumbling block is something that can cause believers to get confused or waver in their faith. What are some examples of issues that could become stumbling blocks today?
10. According to verse 17, what is most important in God's kingdom?



11. How can you put another believer's spiritual good above your own preferences in a real situation at school, church, or home?

Day 4: Read Romans 14:19-23

12. How did Paul encourage believers to behave toward one another?

To do (14:19)

Not to do (14:20)

13. Paul stated that "all food is clean." In what circumstances did he advise abstaining from eating meat or drinking wine?

14. Edification is the process of building up a person's knowledge or character. What are some practical ways you can edify someone in their faith?

Day 5: Take to Heart

Each week in BSF, we have the privilege of showing love to fellow believers, even to those with whom we may disagree on disputable matters, which are issues that are not about salvation or commands in the Bible. God saves people from diverse cultures, backgrounds, and experiences. Faithful believers can have different perspectives on many issues. We choose to live out the gospel of grace when we treat others with love and respect. **God calls believers to love one another, even when they disagree on disputable matters.** How you relate to other Christians either builds up or tears down Christ's body, the Church. **God is our guide.** He shows believers how to live in a way that honors others and glorifies Him. Ask God to help you accept those with different views the way He has accepted you. Be ready to set aside your freedoms to protect and strengthen those who are weaker in faith to build the body of Christ.

Memory Verse: "Accept the one whose faith is weak, without quarreling over disputable matters." (Romans 14:1)

Day 6: Reflect and Respond

Complete one of these activities on your own, with your family, or with your BSF adult.

Activity 1: Choose one of your personal freedoms (like food, games, or social activities) and think about how it might affect other believers in your life. For a week, try adjusting your behavior to protect or encourage someone weaker in faith. At the end of the week, journal or share with a trusted adult what you learned about loving others and the impact of your choices.

Activity 2: Focus on righteousness, peace, and joy in the Holy Spirit each day this week. Look for ways to build others up, like helping a friend, encouraging someone who is weak in their faith, or showing gratitude to a teacher or parent. Notice how changing your perspective increases your love for Christ.



Day 1: Look Back

Let's review what you discovered in Romans 14.

1. What disputable matters were dividing believers in Romans 14?
2. How can believers show love for one another, even when they disagree?
3. What personal preferences are you willing to set aside for the sake of another believer?

Day 2: Read Romans 15:1-6

4. According to 15:1-2, what responsibilities do stronger believers have toward those who are weaker in faith?
5. In 15:3-4, what example did Jesus Christ set for His people to follow, and what does that example mean for us today?
6. From 15:5-6, what does unity among believers look like?
7. What is one specific way you will put someone else first this week?

Day 3: Read Romans 15:7-12

8. What reasons did Paul give for why believers should accept one another? Which one means the most to you?
9. If you follow Jesus, how does His acceptance of you help you to accept others, even when it is hard?
10. Romans 15:8-12 describe God's promises to Jews and Gentiles. These verses also describe Jesus's rule over all nations. What do you learn about God and about the source of hope for all people?



11. Who is one person you will intentionally welcome or include this week?

Day 4: Read Romans 15:13

12. How do believers overflow with hope?

13. When have you felt encouraged or full of hope because you trusted God?

14. How can you have peace, even when things in life are difficult?

15. Think of your family, friends, or people at church or school. For whom will you pray this verse?

Day 5: Take to Heart

When you look at the world and the people around you, do you notice fighting and disagreement? Does it seem like people care only about themselves? The world's message is to live for yourself, but most people quickly discover the hopelessness of that message. Living to please ourselves leads to emptiness, but **God is merciful**. He does not give people what our sins deserve. Instead He offers everyone hope in Jesus. Believing in Jesus leads to hope, joy, and unity with other Christians. Believers receive endurance and encouragement from God and live by the power of the Holy Spirit to glorify Him. Because of God's promises, God's people have true hope—not just optimism or wishful thinking. **God empowers believers to live in unity and hope as they follow Christ**. Jesus, God the Son, gave us the perfect example of how to live for God and honor Him, showing the world that true unity and peace are possible in Jesus Christ. Our hope is not in this world. Our hope is in Christ.

Memory Verse: "May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit."
(Romans 15:13)

Day 6: Reflect and Respond

Complete one of these activities on your own, with your family, or with your BSF adult.

Activity 1: Make a hope card for someone who needs encouragement. On one side, write Romans 15:13 and a short personal message. On the other side, draw or decorate it in a way that reminds the recipient God's hope is real and lasting. Give it to them this week.

Activity 2: Make a unity bracelet using beads and string. Let each bead represent something from Romans 15:1-13 (joy, hope, peace, patience, or love). As you craft, think about how God wants believers to support and accept one another. You can give the bracelet to a friend or someone you struggle to like, or you can keep it as a reminder to encourage unity.



Day 1: Look Back

Let's review what you discovered in Romans 15:1-13.

1. What instructions did Paul give believers about their relationships with other believers?
2. Name at least two benefits of studying God's Word.
3. How did last week's memory verse (Romans 15:13) explain that a believer can have joy, peace, and hope?

Day 2: Read Romans 15:14-16

4. What were Paul's three praises for the Roman believers? (15:14)
5. How did Paul describe his ministry? (15:16)
6. What is the gospel of God? (See also John 3:16.)
7. Think about the people you see regularly. Who needs to hear what you know about the gospel?

Day 3: Read Romans 15:17-22

8. What did Paul glory in (rejoice or take joy in)? (15:17)
9. Who accomplished (completed) the work of leading the Gentiles to obey God? (15:18)
10. How was the work that led the Gentiles to obey God carried out? (15:19)



11. What was Paul's main ambition? (15:20)

12. What is your ambition, and why?

Day 4: Read Romans 15:23-33

13. Why was Paul traveling to Jerusalem? (15:25-26)

14. What three prayer points did Paul give to the believers in Rome? (15:31-32)

15. What prayer requests do you have? Ask a believer to pray for you.

Day 5: Take to Heart

God works through believers. He sent Paul to share the gospel with the Gentiles. Paul joyfully accepted his mission and took the gospel to places where people had never heard of Jesus. Despite the difficulties and dangers that his journeys brought, Paul relied on God, and through the power of the Holy Spirit, Gentiles received salvation in Christ Jesus. **God is wise.** He knows everything and always does what is right. God guided Paul's steps and provided everything he needed to fulfill his mission. How will you rely on God as He leads you to carry out His work?

Memory Verse: "Therefore I glory in Christ Jesus in my service to God."
(Romans 15:17)

Day 6: Reflect and Respond

Complete one of these activities on your own, with your family, or with your BSF adult.

Activity 1: Paul asked other believers to pray for him as he cared for the poor. Talk with someone who serves others as their job or as a volunteer. Ask how you can pray for them. Follow through by praying for them each day this week.

Activity 2: Talk about all the things that bring you great joy. How could you find joy in an activity that serves others? Choose a way to serve someone this week and notice if it brings joy to your heart.



Day 1: Look Back

Let's review what you discovered in Romans 15:14-33.

1. What was Paul's life mission?
2. How was Paul able to accomplish so many good works for God?
3. How does the way God blessed Paul with His Spirit to build His Church inspire you to overcome fear and other obstacles to live for God's glory?

Day 2: Read Romans 16:1-16

4. What repeated phrases did Paul use to describe the people he greeted? (16:2, 3, 7, 8, 9, 11, 12, 13)
5. Explain in your own words what these repeated phrases mean.
6. List a few ways people loved and supported Paul.
7. List ways people love and support you.

Day 3: Read Romans 16:17-20

8. What warning did Paul give in verse 17?
9. How did Paul advise believers to respond to divisive and deceptive people?
10. Give an example of how you can be wise about what is good and innocent about what is evil.



11. Name someone God has put in your life to teach you how to be wise about what is good and innocent of evil. How do you respond when this person gives guidance?

Day 4: Read Romans 16:21-27

12. Write what Paul said about the people God had called to serve with him:

Timothy

Tertius

Gaius

Erastus

13. God takes good care of His children. Name one way God cared for Paul through a person listed above.

14. Consider someone who is helping you grow in your faith in Jesus. How could you thank them?

Day 5: Take to Heart

Paul greeted the believers in Rome and acknowledged their support. He reminded them that they were all part of one family in Christ. He warned them to stay away from those who create division and reassured them that God will eventually defeat evil. He shared that the mystery made known through the prophets had now been made clear: Everyone, including Gentiles, can be obedient to God through faith in Jesus. **God is our provider.** He takes good care of His children. Often God meets our needs through friendships within the Church, just as He did for Paul. He brings people from all nations into His family and unites them under Jesus to live for Him. **Believers help each other live holy lives** and share the good news about Jesus with others.

Memory Verse: "To the only wise God be glory forever through Jesus Christ! Amen." (Romans 16:27)

Day 6: Reflect and Respond

Complete one of these activities on your own, with your family, or with your BSF adult.

Activity 1: Make a list of believers who encourage you in your faith. Each day, choose one person from your list and pray, thanking God for them. If possible, thank them in person.

Activity 2: Paul ended his letter with a doxology (words of praise to God used in worship). Create an illustration of Romans 16:25-27 to show who God is, what He has done, and how He provides.



Day 1: Look Back

Let's review what you discovered in Romans 16.

1. What does it mean to be "in Christ"?
2. Explain the way God provides for those who are in Christ that we learned in our last lesson.
3. Name one way God has blessed you through those who are in Christ.

Day 2: Review Romans 1:1-3:20

4. Paul's letter to the Romans explains the gospel. What is the gospel? (1:16)
5. Why does everyone need God's righteousness? (2:5; 3:9-12)
6. How would you answer friends who say they are good people so they do not need Jesus? (3:19-20)

Day 3: Review Romans 3:21-8:39

7. Explain how God saves undeserving sinners.

God's "_____ is given through _____ in Jesus Christ to _____ who _____" (3:22). "All are justified _____ by his _____ through the redemption that came by Christ Jesus" (3:24).

8. Name some of the benefits God gives those who have been justified (declared righteous by God).

"We have _____ with God through our Lord Jesus Christ" (5:1). "God's _____ has been poured into our hearts through the _____, who has been given to us" (5:5). We will "be saved from God's _____" (5:9). We have "been set free from _____" (6:7). "The benefit you reap leads to _____, and the result is _____" (6:22). "The Spirit himself testifies with our spirit that we are _____" (8:16).



Day 4: Review Romans 9:1-16:27

9. Imagine a friend tells you they know they have sinned and need Jesus to save them. How could you lead your friend to respond to Jesus in faith? (10:9-13)

10. Name a few ways believers are to live after receiving God's mercy.

"Offer your bodies as a living sacrifice, _____ and _____ to God." (12:1)

"Be transformed by the renewing of your _____." (12:2)

"Do not think of _____ more highly than you ought." (12:3)

Love sincerely. "Hate what is _____; cling to what is _____." (12:9)

"Be joyful in _____, patient in affliction, faithful in _____." (12:12)

"As far as it depends on you, live at _____ with everyone." (12:18)

11. How have you been challenged by Paul's example and teachings in Romans?

Day 5: Take to Heart

Paul's letter to the Romans explains God's salvation plan. God created people to know Him and enjoy a close relationship with Him forever. But sin separates us from God. Everyone sins against God and deserves His wrath. Thankfully, God sent His Son, Jesus, to save people from sin and give them eternal life. **Jesus is the Savior.** Because of His perfect life, death, and resurrection, God saves those who trust in Jesus from the power and penalty of sin. He declares believers righteous, makes them His children, and helps them live to honor Him—all because of Jesus's perfect righteousness. This **life-changing salvation through faith in Jesus Christ is for everyone.** Then, after receiving such kindness from God, believers are called to love God and others sincerely. By the power of the Holy Spirit, they are to support each other in living holy lives that please God, fulfilling their highest purpose.

Memory Verse: "For everything that was written in the past was written to teach us, so that through the endurance taught in the Scriptures and the encouragement they provide we might have hope." (Romans 15:4)

Day 6: Reflect and Respond

Complete one of these activities on your own, with your family, or with your BSF adult.

Activity 1: Read through this Discovery Guide to recall some of the key ideas in Romans. Illustrate what you learned. Share your picture with your family or BSF adult and explain what it means.

Activity 2: Paul devoted his life to sharing the gospel. Scan the QR code on the previous page to find *Created for More*, a resource to help you share the gospel. Plan how you will take the first step to talk with a friend about Jesus. Ask your BSF adult to pray with you for courage to follow through.









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A handwritten signature in blue ink, appearing to read "Alan White", written over a faint, light blue circular background.

Alan White
Chief Financial Officer
May 15, 2026