

Prayers for Hope and Healing

FOR RECOVERY FROM SICKNESS

O God of heavenly powers, by the might of your command you drive away from our bodies all sickness and infirmity: Be present in your goodness with your servant Lauren, that her weakness may be banished, and her strength restored; and that, her health being renewed, she may bless your holy Name; through Jesus Christ our Lord. Amen.

FOR STRENGTH AND CONFIDENCE

Heavenly Father, giver of life and health: Comfort and relieve your servant Lauren, and give your power of healing to those who minister to her needs, that she may be strengthened in her weakness and have confidence in your loving care; through Jesus Christ our Lord. Amen.

FOR HEALTH OF BODY AND SOUL

May God the Father bless you, God the Son heal you, God the Holy Spirit give you strength. May God the holy and undivided Trinity guard your body, save your soul, and bring you safely to his heavenly country; where he lives and reigns for ever and ever. Amen.

PRAYERS TO PRAY WHEN FACING ILLNESS

FOR COMFORT AND HEALING

God of all comfort, our very present help in trouble, be near to me. Look on me with the eyes of your mercy; comfort me with a sense of your presence; preserve me from the enemy; and give me patience in my affliction. Restore me to health, and lead me to your eternal glory; through Jesus Christ our Lord. Amen.

FOR TRUST IN GOD

O God, the source of all health: So fill my heart with faith in your love, that with calm expectancy I may make room for your power to possess me, and gracefully accept your healing; through Jesus Christ our Lord. Amen.

IN THE MORNING

This is another day, O Lord. I know not what it will bring forth, but make me ready, Lord, for whatever it may be. If I am to stand up, help me to stand bravely. If I am to sit still, help me to sit quietly. If I am to lie low, help me to do it patiently. And if I am to do nothing, help me to do it gallantly. Make these words more than words, and give me the Spirit of Jesus. Amen.

IN THE EVENING

Keep watch, dear Lord, with those who work, or watch, or weep this night, and give your angels charge over those who sleep. Tend the sick, Lord Christ; give rest to the weary, bless the dying, soothe the suffering, pity the afflicted, shield the joyous; and all for your love' sake. Amen.

CLOSING PRAYER

Almighty and merciful God, in your goodness keep us, we pray, from all things that may hurt us, that we, being ready both in mind and body, may accomplish with free hearts those things which belong to your purpose; Jesus Christ our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

ROMANS 8:26-39

²⁶ In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us through wordless groans. ²⁷ And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for God's people in accordance with the will of God.

²⁸ And we know that in all things God works for the good of those who love him, who^[a] have been called according to his purpose. ²⁹ For those God foreknew he also predestined to be conformed to the image of his Son, that he might be the firstborn among many brothers and sisters. ³⁰ And those he predestined, he also called; those he called, he also justified; those he justified, he also glorified.

More Than Conquerors

³¹ What, then, shall we say in response to these things? If God is for us, who can be against us? ³² He who did not spare his own Son, but gave him up for us all—how will he not also, along with him, graciously give us all things? ³³ Who will bring any charge against those whom God has chosen? It is God who justifies. ³⁴ Who then is the one who condemns? No one. Christ Jesus who died—more than that, who was raised to life—is at the right hand of God and is also interceding for us. ³⁵ Who shall separate us from the love of Christ? Shall trouble or hardship or persecution or famine or nakedness or danger or sword? ³⁶ As it is written:

"For your sake we face death all day long;
we are considered as sheep to be slaughtered."^[b]

³⁷ No, in all these things we are more than conquerors through him who loved us. ³⁸ For I am convinced that neither death nor life, neither angels nor demons,^[c] neither the present nor the future, nor any powers, ³⁹ neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.

Engaging with scripture:

1. Underline any words or phrases that stand out to you – put a “?” next to anything you have a question about or struggle with, and a “*” next to anything that seems meaningful to you.
2. Share the ways that God has been faithful to you in the past.
3. Share the difficult things that you are facing, which you hope that God can provide peace and resolution.
4. What Biblical figures can you think of, who faced illness or struggles? How did they reach out to God? How did God respond to their circumstances?

Songs that Assure us of God’s presence and goodness:

[O Love – Elaine Hagenburg](#)

[You Do Not Walk Alone - Hagenburg](#)

[The Road Home – Stephen Paulus](#)

[Be Still My Soul](#)

[O The Deep Deep Love of Jesus - Assad](#)

[God With Us – All Sons and Daughters](#)

[How Can I Keep From Singing - Assad](#)

[He Will Hold Me Fast – Shane and Shane](#)